

KNOW YOUR **Ws**



WEAR

a cloth or protective face covering.



WAIT

6 feet apart.
Avoid close contact.



WASH

your hands often or
use hand sanitizer.



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KEEP ILLNESS **FROM SPREADING**



Wash your hands frequently with soap and water for at least 20 seconds. Use hand sanitizer if soap and water are not available.



Avoid touching your eyes, nose and mouth with unwashed hands.



Cover your face when you cough and sneeze with a tissue, then throw the tissue in the trash.



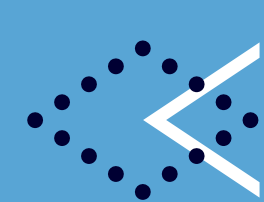
Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.



Stay home and rest when you are ill. Avoid close contact with people who are ill. Contact a medical professional with concerns.



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